

## Extraordinary Ministers of Holy Communion (EMHC)

If you are interested in serving as an Extraordinary Ministers of Holy Communion (EMHC) at Saint Elizabeth Ann Seton Catholic Church, Keller - Please contact Candy Warner at [cwarner@seascc.org](mailto:cwarner@seascc.org) or (817) 431-3176

### Requirements for Ministry

1. Membership in parish one year (at pastor's discretion but encouraged from point of view of fidelity to the community one wishes to serve.)
2. Age: Any man or woman (from high school age on), acknowledged by peers and pastor to be active Catholic.
3. Sacramental: A Confirmed practicing Catholic;
4. if married, in a marriage recognized as valid by the Catholic Church.
5. Must complete and keep current the "Safe Environment Program of the Diocese of Fort Worth"
6. Must attend the "Parish EMHC training program which  
"The faithful should be properly catechized" on the following:
  - a. The ecclesial nature of the Eucharist as the common possession of the whole Church;
  - b. The Eucharist as the memorial of Christ's sacrifice, his death and resurrection, and as the sacred Banquet;
  - c. The Real Presence of Christ in the Eucharistic elements, whole and entire, in each element of bread and wine (the doctrine of concomitance);
  - d. The kinds of reverence due at all times to the sacrament, whether within the Eucharistic liturgy or outside the celebration;
  - e. The role that ordinary and, if necessary, extraordinary ministers of the Holy Communion.
7. Importance of fulfilling commitment as scheduled

### Commissioning

The Pastor will have commissioning ceremonies throughout the year for new EMHC. The *Book of Blessings* contains under Part VI, "Blessings for Various Needs and Occasions" a Rite of Commissioning Special Ministers of Holy Communion (Chapter 63).

### Length of Service

Three years. The minister may request to renew at the end of this time.

## **Support of Ministry**

A gathering for renewal will occur each year.

An evening which might have the following format:

1. A prayer service in the presence of the Blessed Sacrament
2. Some kind of renewal or refreshing of their central ministry (perhaps a deepening of their understanding of the Eucharist.)
3. A session of "clean-up" where some details of the practical aspects of their ministry may be given attention.
4. Social time

## **Helpful Links:**

- [The Real Presence Of Jesus Christ In The Sacrament Of The Eucharist: Basic Questions And Answers](#)
- [Norms For The Distribution And Reception Of Holy Communion Under Both Kinds In The Dioceses Of The United States Of America](#)
- [Guidelines for the Reception of Holy Communion](#)
- [Extraordinary Ministers of Holy Communion at Mass](#)
- [The Holy Eucharist](#)
- [Ministries and Roles Within the Liturgical Assembly at Mass](#)
- [Normas Para La Distribución y Recepción de La Sagrada Comunión Bajo Dos Especies](#)
- [Ministros Extraordinarios de la Sagrada Comunión dentro de la Misa](#)
- [Ministerios y funciones en la Misa](#)